

# The Devotional Heart

## A Weekend of Silent Meditation and Dances of Universal Peace

Led by Prem and Stephen Archer

Friday 12th (eve) - Sunday 14<sup>th</sup> November 2010

Te Moata Sanctuary, Tairua

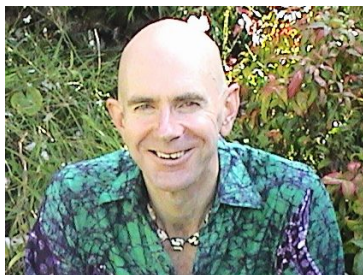
*“When the truth is being searched for, it is the intensity of the longing that does all the work” - Kabir*

In a beautiful natural setting, this retreat combines meditation and Dances of Universal Peace, as vehicles for deepening into and expressing our longing for the sacred. The dances will mostly be drawn from concentrating on the spirituality of the heart. The practice of Remembrance by the repetition of ancient sacred phrases has a very powerful opening and cleansing effect upon our being. Periods of guided meditation will assist us to hold this focus, and discover our own joyful silence together as we become more conscious of our heartfelt connection to the sacred. This course is suitable for those with no previous meditation or dance experience.

**Cost** This weekend retreat is offered in the spirit of dana. This means it is open to you to decide the appropriate amount to give for the facilitation. In addition to dana, \$160 is required to cover course costs (food, accommodation etc)

**Further information** call Stephen Archer 0274 356352 or e-mail [stephen@originalnature.co.nz](mailto:stephen@originalnature.co.nz) or Prem [premanand@xtra.co.nz](mailto:premanand@xtra.co.nz)

**Registration** Send \$160 to S. Archer, PO Box 27015, Marion Square, Wellington, making cheques payable to S. Archer. Please include your full contact details so we can send you more information. For internet payments, contact Stephen and you will be send account details.



**STEPHEN ARCHER** “I discovered silent meditation as a pathway into my heart and this led me into 13 years of monastic practice as an ordained Buddhist monk. For the last 20 years I have been leading public meditation retreats. I find it a great privilege to explore with others our heartfelt spiritual instinct.”

**PREM** “I was deeply touched and my life was transformed by the Dances of Universal Peace when I discovered them 20 years ago. I had found, at last, what my heart & soul had been yearning for and I experienced love and intimacy at a very deep level within myself beyond what I thought was possible. Since then the Dances have been my life, attending and leading them here and overseas, and in many different contexts.”

