

~ The Feast of Love ~

Celebrating Life with a feast of Dances of Universal Peace, Zikr, Meditation & more. Evoking Love, our primary Nourishment

***2pm Fri 25th - 2pm Mon 28th August 2023
Tushita Ashram Hermitage, Peria, Northland
with Amrita Bhakti, Premanand & Friends***



In this peaceful naturally beautiful Heart Sanctuary you will be guided in this Retreat, interweaving Zikr (Sufi practice of Remembrance), Dances of Universal Peace (DUP), Insight Awareness Meditation (IAM), Breathing and more.. This unique blend of forms allows you to more easily and directly fall into the Love You Innately Are, Your True Nature. The Retreat will be largely in silence to allow us all the rare opportunity in today's busy noisy world to simply enjoy our selves and each other, in being more present with one's-Self.

Basic Cost: \$380 if \$50 non-refundable deposit received by 6th August. \$420 after 6th August . Add \$30 each for single bed in one of the five twin-share rooms. Price includes all vegetarian meals, shared accommodation in cabins, venue facilities and leadership. Some campervan spaces available.

For details contact Damalaya damalaya@tushitamysteryschool.co.nz

Ph 0212083485 **To Register deposit \$50** in a/c 'A. Bhakti'

38-9022-0031474-01 **please reference** with your name & 'FeastofLove'.

Also email Damalaya your accommodation request. **For Retreat content enquiries** contact Amrita amritabhaktio@gmail.com Ph 0212352386

*"The minute I heard my first love story
I started looking for You
not knowing how blind that was.
Lovers don't finally meet somewhere,
they're in each other all along" Rumi*