

# In The Garden of The Heart with Abraham & Halima Sussman at Mana, Coromandel, New Zealand Jan 21st - 28th 2011

Come and join us for  
a week of Dances of  
Universal Peace,  
Walks, Zikr, Wazifa  
Practices, Healing,  
Simple Presence and  
Working with the  
Elements as we  
cultivate Sangha  
together



In 2011 world renowned and deeply loved dance leaders Abraham and Halima Sussman (Massachusetts, USA) will lead our annual DUPANZ dance retreat at Mana Centre. Singing and dancing our hearts open, deepening in the silence of breath, we join in sangha and apply insight to the garden of our own inner life. This dance retreat offers us the opportunity to tune ourselves to the source of life and refine our experience of being fully human. Come tune to each other and the Beloved!

Halima and Abraham have been cultivating spiritual practice, the Dances, and Sangha since 1969, and bring love and depth to their sharing. Abraham is an original student of Murshid Samuel Lewis (creator of the Dances of Universal Peace), and Halima caught her love of the dance directly from Murshid SAM. They are both mentor teachers of the Dances and Walks, senior teachers in the Sufi Ruhaniat, inspired musicians, and elders in the path of the heart. Together they guide the Sufi and Dance community SAMA, in Cambridge, MA, USA.

Mana Retreat Centre is one of the most exquisite Dance venues in the world, commanding amazing sea views of the Manaia Harbour and the Coromandel Ranges.

**nz\$690**

Cost includes shared accommodation, 3 mainly organic meals each day & the dance programme. Limited camping available.



**Registration: \$NZ100** Please send cheque made out to **DUPANZ** to Sally Platt, 64A Shetland St, Glen Eden, Waitakere 0602, Auckland, New Zealand Ph+64 21 235 2386 or email Sally for Bank Account details & enquiries [sally4peace@gmail.com](mailto:sally4peace@gmail.com)